

CACI NON SURGICAL FACE LIFTING

(Whalley salon only!)

CACI ULTIMATE £80each (course of 13 £600-worth over £800)

Starting with the revolutionary crystal free microdermabrasion, combined with L.E.D. phototherapy skin rejuvenation to prepare & brighten the skin, followed by non surgical face lifting, unique wrinkle comb treatment, and the delightful Hydratone soothing mask.

NON SURGICAL LIFT FACIAL £50each (course of 10 £380)

A traditional CACI non surgical face lift. With the ultimate machine we can offer you an advanced CACI treatment and the wrinkle comb treatment.

ULTIMATE BOOSTER(Microdermabrasion) £45each (Course of 10 £350)

Suitable for all skin types including the most sensitive types, won't leave your skin red or irritated. Also includes the cooling calming Hydratone mask to hydrate, and tone skin and a booster with the wrinkle comb treatment head. Microdermabrasion can treat a number of common skin problems including pigmentation problems, acne, scarring, blocked pores, fine lines, wrinkles, congested skins or just brighten a dull complexion

ULTIMATE EYE LIFT £35each (Course of 10 £300)

Treating the forehead, upper cheek and eye area- this specific treatment targets this problem area with a combination of microdermabrasion, non surgical face lifting, L.E.D. phototherapy and the powerful wrinkle comb. Completed by a cooling and re-freshing mask see and feel a difference after your first treatment.

ECM Buttock & Thigh treatment £30each (course of 10 £200)

ECM combines the therapeutic benefits of massage with the effectiveness of microcurrent therapy to break down fatty deposits, tone muscles and reduce inches. The unique design of the ECM rollers gently pivot to fit around the contours of the buttocks and legs. The results are instantly noticeable after just one treatment however a course is essential for lasting results.

Gift Vouchers or arranged package gifts

Available for all of the treatments listed within this brochure. Please ask for details.

Call outs available, please ask for details.

Ladies Nights may be organised, includes wine and light buffet 6 people or more please ask for details.

Pamper days, wedding packages can be tailor made to suite individual requirements

Time is precious, we respect yours, so please respect ours. Missed appointments will incur a cancellation fee of half the treatment cost unless 24 hour notice is given. We appreciate your co-operation.

NAILS

The heart and soul of Simply the Best lies within the nail room. Relax and enjoy a coffee in this vibrant and ultra friendly atmosphere as we transform your hands and nails to perfection. All therapists are continually trained to achieve the highest standard of nail techniques that has become our trademark within the whole of Lancashire & beyond!

GEL NAIL ENHANCEMENTS

Full Set of Gel Sculptured Nails	£36
<i>The most advanced, flexible and strongest system available, NSI Gel Nails can be sculptured to your desired shape and length without the use of tips or glue for minimal damage.</i>	
Backfills	£25.50
<i>Every 3-4 weeks your backfills will leave nails looking like new</i>	
Capping	£22.50
<i>Clear NSI Gel overlays to add strength and a high gloss finish to natural nails</i>	
Buff	£13
<i>Tidy up and re application of gel top coat</i>	
Single nail repairs (between treatments)	£3
Removal (inc mini manicure)	£15
<i>Always return to the salon for nails to be professionally removed to reduce damage and strengthen natural nails</i>	
Nail Art	from £1per nail
Coloured Gel	add £10

Minx £24 or £20 if added to manicure/pedicure

Revolutionary foil nail wrap as worn by celebs

Gel/Hollywood Toes £15 (nail art extra)

A hard wearing coloured or French finish gel applied to the toe nails lasting upto 12weeks

Escape to relax and unwind in our luxurious pedicure room away from all your daily stresses

Jessica Deluxe Pedicure £28

Using the Zen Spa range this truly is 'Simply the Best' pedicure you will ever receive! Includes hard skin removal, exfoliation and massage to the knee, hot bootie treatment and stimulating mask, finished by nail and cuticle work and a polish

NATURAL NAIL CARE

Jessica Deluxe Manicure	£23
<i>The ultimate treatment for hands and nails, incorporating 'le remedi' anti ageing hand treatment. An assortment of nourishing creams and oils envelop the hands and arms within a hot mitten treatment followed by a relaxing massage, cuticle and nail work and finished with a polish</i>	
Jessica Standard Manicure	£16
<i>A nourishing manicure to condition skin & cuticles and strengthen natural nails, includes a hand and arm massage and polish</i>	
Jessica Mini Manicure	£12
<i>In a rush, enjoy an instant moisture fix and tidy up including polish</i>	
File & Polish	£7.50
Le Remedi Anti Ageing Hand Treatment	£10
<i>A spa treatment for hard working hands (can be added to any nail treatment)</i>	

Geleration Manicure	£21
	or £15 if added to a manicure/pedicure
<i>Applied like a polish but lasting 2-3 weeks</i>	
Removal of Geleration(inc mini manicure)	£15

To ensure minimal damage always return to the salon for a removal, or ask about our home removal kits.

NB for French Effect add £2 to any manicure/pedicure/polish, Nail Art available from £1per nail

We stock a range of Jessica polishes and a number of home treatment products for you to purchase to maintain your salon perfect nails

WAXING

Half Leg	£15.00	
Full Leg	£22.00	
Bikini normal	£10.00	
Brazilian	£16.00	
Hollywood	£21.00	
Under arm	£8.00	
Eye brow	£6.00	
Upper Lip	£6.00	
Chin	£6.00	
Lip & Chin	£11.00	
Arms	£14.00	
Back or Chest	£20.00	
Pre-holiday wax	Full leg, under arm and bikini(normal)	£38.00
Pre-weekend wax	Half leg, under arm and bikini(normal)	£30.00

Please allow 24hours after treatment for swimming, tanning or sunbathing

MAKE-UP

bareMinerals started the mineral makeup revolution. Their bareMinerals makeup looks like a powder, feels like a cream and buffs on like silk to give skin a natural radiance and a bare skin look.

Go bare with no preservatives, no oils, no fragrances and no other chemicals and makeup so pure you can sleep in it! Those new to bareMinerals: begin with a Get Started Kit – everything you need to fall in love with bareMinerals makeup and great value too. Recommended by dermatology doctors mineral make-up can be worn if you suffer from acne or skin conditions as it actually improves the skin. And even better, it can be applied straight after waxing (to hide redness) or facials due to its healing properties.

*At Simply the Best we stock the whole bare minerals range- there is something for everyone, from the new 'Stroke of Light' under eye concealer, to the sassy Buxom natural lip plumping lip glosses, make-up can become what you want it to be without worrying about your skin. Book in for a 'Colour Match Make-Up Lesson'-we guarantee you'll love it so much so that if you make a purchase you don't pay**

Wedding day Make-up - Full rehearsal & on the day make-up	£50.00
On the day make-up (Bridesmaids/Mother of the Bride etc.)	£25.00
Childs Bridesmaid Make-up (age dependant)	from £5.00
General day/evening make-up	£25.00
Colour Match Make-up Lesson	£15.00
	(or FREE with purchase*)

Wedding Packages Available

*applies to starter kits or price equivalent

SEMI PERMANANT MAKE UP

With permanent cosmetics, you can look your best, morning, noon and night. It is the most positive, life-changing beauty treatment you can have.

- *Look and feel great without spending hours in front of the mirror*
- *Subtle to defined, understated to glamorous -there are lots of treatment options Results can last years (although you will need to keep your colours topped-ups) Natural? Subtle? Dramatic? You can have it all with permanent cosmetics. Whether you are getting your brows, eyes or lips enhanced, there are various treatment options depending on how natural, subtle or striking you want the end result to look.*

For Prices & more info book a consultation with Sarah

BODY TREATMENTS

MASSAGE

Relax and enjoy an invigorating Swedish Massage using aromatherapy blended oils to relieve stress and tension of a busy day

Full Body	£34
Back, neck & shoulder	£22

HOT STONE MASSAGE

This intense deep massage ritual begins as soothing hot stones are placed along pressure points. Feel the tension instantly melt away as a unique stone massage is performed entwined by a delightful massage. The combination of the two can get a deeper onto the muscle to relieve the tension build and deliver longer lasting relaxation.

Full Body	£40
Back, neck & shoulder	£27.50

HOPI EAR CANDLES

An alternative therapy to help relieve sinus problems, the candles create a chimney effect drawing unwanted purities out. This ancient technique can help loosen deposits whilst a soothing massage of the eyes, sinuses, and neck & shoulders relaxes the mind.

ELEMIS Absolute Spa Ritual

The ultimate skin and body therapy for maximum results-Choose from one of the unique Elemis Advanced anti-ageing or Skin Solutions Facials and combine it with the powerful effects of the Elemis Deep Tissue Muscle Massage. Two hours of pure relaxation with dramatic results!

ELEMIS Cellutox Aroma Spa Ocean Wrap

A deeply detoxifying blend to decongest and stimulate the system-Let thoughts drift away, whilst being cocooned in a comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment. Combining the richness of sea plants and Marine Algae, this therapy helps reduce the appearance of cellulite and relieve the discomfort of fluid retention. The body is re-energised and skin is left silky soft and smooth.

ELEMIS Exotic Frangipani Glow

Pure Sensuality for instant softness and polished perfection An invigorating exfoliation with the sublime Lime & Ginger Salt Glow Rub followed by Hot Frangipani Monoi Oil (Aromatic Tahitian Coconut and Frangipani flowers that are soaked together) poured all over the body and massaged. Drenching the skin with moisture, this exotic therapy provides ultimate radiance, vitality and all over body glow.

EYE TREATMENTS

Eye lash tint	£10.00
Eye brow tint	£7.00
Eye brow shape	£6.00
Party Lashes	£17.00

The original lash extensions, each has a bulb with about 10 lashes, these are built up across the eye with a strong lash adhesive lasting 3days to 2 weeks. It is not advised to keep these lashes on for too long or top up more than once as it may damage the lashes

Removal of Lashes	£8.00
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NB Due to the new insurance regulations in tinting processes we will need you to come into the salon 24-48hours prior to EVERY tinting treatment for an allergy test. Any clients NOT willing to do so will be required to sign a disclaimer before treatment can proceed. Thank you for your co-operation

Nouveau Semi Permanent Lashes

Full set £50.00	Top ups from £15.00
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Individual lashes applied carefully and precisely lash to lash to create a fluttery natural long lash effect, that can be maintained for several months with the correct care and attention

JICA Lash Fluff	£18.50
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A unique and easy to use lash extension fluff that is just applied on top of mascara to create extra long and thick lashes whenever you need them. No messy glues or tricky application just instant glam in a bottle

We stock a selection of LaLa Lashes (strip lashes) which can be purchased for use at home or applied in salon, prices start from £8, and include the Couture Swarovski range complete with sparkle tweezers and gift box for £40.

SPRAY TANS

Naturasun Spray Tan provides a number of colours which can be applied to achieve your desired result. Generally lasting between 5-8 days, this fast and precise application takes the stress out of preparing for your big day/night.

£18

We also stock a range of tanning products for you to use at home to maintain or reapply your tan.

St Tropez Mousse and applicator mitts, St Tropez everyday Tan Moisturisers, Naturaglo Spray Tan, & our best seller and firm favourite Sex Symbol Tan in a can- instant colour-no streaks-washes off-smells divine!

ELEMIS

Skin Specific Facials (1hour)

£36

Fruit Active Glow *Bring back the glow to a lifeless complexion*

Exotic Moisture Dew *Treat your skin to a moisture boost*

Herbal Lavender Repair *For perfect restoration of skin balance*

Skin Solutions Facials (1hr15mins)

£47

Modern Skin Facial *Designed for skin challenged by modern living.-Bursting with anti-oxidant rich minerals and vitamins, this purifying treatment helps remove damaging toxins, regenerate skin cells and rebalance sebum.*

Oxygen SkinCalm Facial *Pure soothing heaven for sensitive skin.-Gentle massage techniques are combined with calming actives and a restructuring Japanese Silk Mask, impregnated with Absolute SkinCalm Booster Serum, to help rebalance delicate, fragile and sensitive complexions. Helping to relieve redness, this superior face and eye treatment offers immediate comfort to stressed and irritated skin.*

S.O.S. Purifying Facial *A purifying treatment for congested skin.-A powerful face and eye treatment that helps regulate and balance the function of the skin. Purifying massage techniques combined with the unique Japanese Sulphur Mask, impregnated with Absolute Vita-C Booster Serum, help to absorb sebum, calm irritation and rebalance oil-rich pores.*

Advanced Anti-Ageing Facials (1hr30mins)

£55

Visible Brilliance Facial *To combat ageing, stressed and slackened skin-Independently tested with revolutionary results, this anti-ageing face and eye treatment instantly firms, rejuvenates and plumps up the skin, whilst helping to reduce dark circles. Moisturisation levels of the skin are proven to increase by up to 61% and elasticity by 40% after just 1 treatment*.*

Pro-Collagen Quartz Lift Facial *ONE Anti-Wrinkle Facial - Proven Results-This anti-wrinkle facial is clinically proven to reduce the number of wrinkles by up to 94%* and improve skin firmness by up to 57%*, after just one treatment. Re-energise cell communication, optimises cellular respiration and regeneration for a firmer, uplifted, more youthful looking appearance.*

**Independent Clinical Trials*

Tri-Enzyme Resurfacing Facial *Peel away the years for smoother, more radiant skin-This ground breaking anti-ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to 75% and increase skin smoothness by up to 32% after just 1 treatment*, this unique treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing a younger looking skin. Skin is left incredibly clean, smooth and radiant, bringing a renewed level of evenness and clarity to the complexion*

MENS FACIALS

Skin Intelligence for Men (1hr 15mins)

£50

Skin IQ+ Facial Anti-ageing and super boosting for tired, stressed and dehydrated skin-*Helping to calm irritation and minimize the signs of ageing, this facial is the ultimate overhaul for male skin. Incorporating the NEW Time Defence Wrinkle Delay and Time Defence Eye Reviver, this anti-ageing treatment protects against the harsh effects of shaving and environmental damage.*

Urban Cleanse Facial Deep cleanse and complete skin Detox-*This super-grooming facial decongests the skin, works overtime to eliminate blocked pores, rapidly accelerates skin repair and neutralises impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defence against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean.*

DARPHIN

(Available at Whalley Salon ONLY)

Prescriptive Facial (1hour)

£40

After a thorough consultation enjoy a traditional facial to treat your skins needs. Darphins' prescriptive 3Dimensional skincare philosophy creates amazing results using a luxury French product which smells divine. Indulge in one of the following-

Kiwi & Pomegranate Hydrator

Camomile & Honey Smoother

Mimosa & Iris Radiance Booster

Lemon & Lavender Purifier

Vitamin & Tangerine Vitaliser

Rosewood & Shea Butter Age Defence

Advanced Prescriptive Facial (1 ½ hours)

£50

Take your personal prescription to the next level with the 'Haute Couture' of the facial world. Tailor made specifically for you, lavish your skin with a choice of 2 facials-

Rose & Linen Age Reversal

Ylang Ylang & Sweet Orange Recovery

Meadowsweet & Cucumber Eye Refiner

£28

Exquisite bliss, complete renewal and rejuvenation for the fragile eye area. Eyes look fresh, bright, youthful, sparkling and rested.